

School-Wide Newsletter



International Day

International Day is our annual tradition of celebrating our diversity and learning about countries at YIA. This year's International Day is scheduled for 10:00 am on Saturday, November 7. More information will be provided closer to the date.

LifePlus High School Volleyball Tournament

Our High School girls' volleyball team is traveling to Tianjin to participate in the LifePlus HS Volleyball Tournament from October 22-24. The tournament schedule and livestream links will be shared next week.

UBC Admissions Officer Campus Meet-and-Greet Successfully Held

On the afternoon of Friday, October 16, the UBC (University of British Columbia) Admissions Officer Campus Meet-and-Greet was successfully held at YIA. The admissions officer gave a detailed introduction to UBC, covering its overview, strengths, distinctive programs, and key points for international student applications, and engaged in an interactive Q&A with students and parents.



The event drew a large number of students and parents. Parents noted that the face-to-face exchange gave them a clearer understanding of UBC's academic strengths, application requirements, and future planning, and that they found it highly rewarding. Our student ambassadors also stood out, receiving guests with courtesy and professionalism.



We thank the UBC admissions officer for the wonderful presentation, and all students and parents for their active participation. Going forward, YIA will continue to create more opportunities for direct dialogue with leading universities worldwide, helping students plan their path to higher education.

2026 Fall Parent-Teacher Conference

To further strengthen home-school collaboration and build a smoother communication bridge, our school will hold the Fall Parent-Teacher One-on-One Conference on Friday, October 30, 2026. This conference will continue to use the “student-led” one-on-one parent-teacher conference format, with students at the center, personally guiding their parents in face-to-face communication with subject teachers. We believe this format can more vividly and comprehensively showcase students' learning outcomes and growth milestones and also help home and school jointly identify areas that need attention and improvement.

This year, the conference will specially add a “Class Parent Meeting” and a “Family Potluck” segment, hoping to enhance home-school understanding and unite collaborative efforts in a richer exchange setting.

Schedule:

- 9:00 a.m.–3:00 p.m. One-on-One Parent-Teacher Conferences (Student-Led)
- 3:00–3:30 p.m. General Parent Meeting
- 3:30–4:30 p.m. Class Parent Meetings
- 5:00–7:00 p.m. Family Potluck

One-on-One Parent-Teacher Conferences Booking (9:00 a.m.–3:00 p.m.)

Booking is now open. You may log in to PowerSchool to view the available time slots for each subject teacher and book your conference. Detailed booking instructions have been posted in each grade's parent WeChat group. The

booking portal will close at 11:59 p.m. on Wednesday, October 28. Please be sure to complete your booking before then.

If, due to scheduling or other reasons, you are unable to book a time with a subject teacher you wish to speak with on the day of the conference, you are welcome to arrange a one-on-one meeting during regular school days through your child's homeroom teacher.

We look forward to your active participation. Let us work hand in hand to support every child's growth!

AMC 10 Registration Now Open

Registration for the 2026–2027 AMC 10 (American Mathematics Competitions 10) is now officially open. AMC is hosted by the Mathematical Association of America (MAA). Since its launch in 1950, it has reached more than 100 countries and regions worldwide. Its problems are jointly designed by experts from leading universities such as Harvard, MIT, and Princeton, making it one of the most influential youth mathematics competitions in the world.

Please note that AMC 10 is a challenging exam, with questions designed to be both foundational and innovative. As a result, its awards are highly prestigious and provide an objective reflection of students' mathematical thinking. Its results are increasingly recognized in global college admissions.

Exam Schedule

AMC 10 consists of two versions, 10A and 10B, held on different dates. The questions differ, but the difficulty level is comparable. Students may choose one session or both. The higher score will be used for awards and AIME qualification. Students with a strong foundation are encouraged to register for both A and B for an extra chance at awards.

AMC 10A: Friday, November 6, 5:00–6:15 p.m. (75 minutes)

AMC 10B: Saturday, November 14, 5:00–6:15 p.m. (75 minutes)

Registration Deadline: October 27

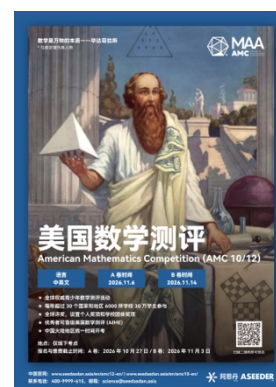
Eligible Grades: Grades 9–10 and under 17.5 years old

Test Language: Bilingual (Chinese and English)

Exam Fee: HKD 142

How to Register

Please scan the QR code on the poster to register, and select “爱华高级中学出国留学考点” as the test center.



If your child has a solid mathematics foundation and a strong interest in math, we encourage them to take on the challenge—it is a valuable opportunity for testing and growth.

Lunch Menu

	MONDAY 星期一	TUESDAY 星期二	WEDNESDAY 星期三	THURSDAY 星期四	FRIDAY 星期五
SOUP 汤	Tomato and Egg Soup*^ 西红柿鸡蛋汤^^	Bean Sprout Soup*# 豆芽汤*#	Kimchi Fish Cake Soup*# 辛奇鱼饼汤*#	Special Meal 特色餐 ↓ CHOOSE 1 选一个	Chicken Soup* 韩式鸡汤*
MAIN 主菜 ↓ CHOOSE 2 选两个菜	① Chicken Curry* 鸡肉咖喱* ② Tomato & Vegi Beef dish 西红柿炖牛肉菜 ③ Fried Small Shrimp#^^ 炸小虾仁#^^	① Braised Pork Ribs* 炖猪排* ② Grilled Fish Fillet with Lemon and Herbs 柠檬香草烤鱼柳 ③ Salt and Pepper Pork T-Bone Chops*^ 椒盐丁骨猪排^^	① Dak-galbi* 辣炒鸡肉* ② Chicken Stroganoff^& 炸鸡斯特罗格诺夫^& ③ Braised Chicken Legs with Mushrooms and Potatoes* 香菇土豆炖鸡腿肉*		① Fried Pork Cutlet^^ 炸猪排^^ ② Chicken steak 煎烤鸡肉 ③ Braised Pork Belly with Sour Cabbage* 酸白菜炖五花肉*
SIDE DISH 配菜 ↓ CHOOSE 2 选两个菜	① Silken Tofu* 韩式凉拌豆腐* ② Roasted vegetables 烤蔬菜 ③ Scrambled Eggs and Tomato*^ 西红柿炒鸡蛋^^ ④ Quail Egg Salad^ 鹌鹑蛋蔬菜沙拉^	① Kimchi Pancake* 辛奇饼* ② Black Bean Dish 炖黑豆菜 ③ Stir-fried Broccoli and Cauliflower* 西兰有机花菜* ④ Potato Salad^ 土豆沙拉^	① Steamed Egg*^ 蒸鸡蛋*^ ② Garlic bread*& 蒜蓉面包*& ③ Stir-fried Potato, Green Pepper and Eggplant*# 地三鲜*# ④ Salad with Cherry Tomatoes 西红柿沙拉		① Stir-fried Glass Noodles* 杂菜* ② Stir-fried Broccoli* 炒西兰花* ③ Braised Baby Cabbage in Scallion Oil* 葱油娃娃菜* ④ Tornado Potatoes*^& 炸薯塔*^&
DAILY SIDES 每日供应	Kimchi & Seasonal Fruit / 泡菜 & 水果				

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.